LIVING A WEEK IN THE LIFE OF THE POOR, PG2

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Celebrity pg 18

Custody fight adding to the drama

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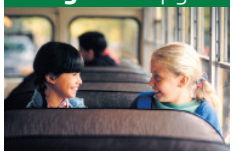
ReelMetro
Robin Kuniski
Calgary videographer's lighter side of city life at metronews.ca/reelmetro

Canada pg 3

Feds to shake up system for refugees

Going Green pg 8



Kids urged to think green

Entertainment pg 15

Cusack looks back at '80s

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GREG FUME/GETTY IMAGES

Calgary Flame Nigel Dawes handles the puck between Mike Green, left, and David Steckel of the Washington Capitals yesterday in Washington, D.C. The Flames won 5-3 to move within four points of eighth-place Colorado. Story, page 10.

Bottom line riding on Flames' fortunes

Businesses, servers to take a hit if team misses playoffs

KRISTA SYLVESTER
krista.sylvester@metronews.ca

With the fate of a Calgary Flames playoff run hanging by a thread, local bars and servers are hoping for the best but preparing for the worst.

Calgary Server Kasey Latouche has worked the last two years the Flames made the playoffs and banked on the hometown heroes making it again this year.

"I was hoping the extra money would pay for a trip to Cuba in May. I make decent tips but since I'm a student, too, I needed the extra cash," she said.

While Latouche doesn't know if the Flames will get to the post-season, she does know she won't make it to Cuba if they don't.

"I make a couple hundred a night normally, but Flames games would have at least doubled that."

While the Flames gave fans hope yesterday by defeating the NHL's best in the Washington Capitals, they still have a long way to go.

Despite the odds, Melrose bar owner and diehard Flames fan Wayne Leong said the team still mathematically has a chance to stay alive.

"As a Flames fan, I will keep holding on to that hope that they will make it. But if they don't, it will for sure impact business compared with the last few years," Leong said.

He added while the bar doesn't budget for the Flames post-season because it's too far ahead, he would have made arrangements if the Flames were a sure bet.

"It's not just the loss to the business and servers, but it's the atmosphere. It's just a great feeling when the Flames make the playoffs. But we'll have to look to other things in patio season if they don't make it."

Final opponents

- Phoenix Coyotes
- Colorado Avalanche
- Chicago Blackhawks
- San Jose Sharks
- Minnesota Wild
- Vancouver Canucks

Right-wing tug-of-war for talent emerges

POLITICS The rise of the Wildrose Alliance has created a tug-of-war over conservative talent in Alberta with some Tories, including members of the federal party, quietly moving over to the upstart rival.

The federal Conservatives have warned MPs to stay out of provincial politics, but at least one — outspoken Calgary member Rob Anders — is willing to say he's taken out a Wildrose membership.

And one of the most respected Tory strategists in the province, who has worked for both Premier Ed Stelmach's party and the federal Conservatives, recently jumped ship.

"I think Alberta will vote for the most credible right-of-centre option," Anders said. "I think the Wildrose Alliance is in a great position."

Shayne Saskiw was the PC's vice-president of policy until he recently defected to Wildrose. A lawyer by trade, Saskiw said he expects many alienated Tories will follow.

"My frustration had to do with the party essentially ignoring their membership," he said. "That just goes back to a stale old party that hasn't been reinvigorated for many years."

Wildrose has surged in public opinion polls since former journalist Danielle Smith became leader last fall and set about wooing Alberta's right.

THE CANADIAN PRESS

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Local

Forzani gets roasted

Business associates and football friends will roast John Forzani, chairman of the Calgary Stampeders and chairman of the Forzani Group Ltd., in a fundraising dinner to support the Calgary Colts' construction of a new fieldhouse for Shouldice Athletic Park. Tickets for the April 9 event are $100 each and can be purchased by calling 403-259-3583. METRO CALGARY

Scan this code or text LOC to 82442 for local news.
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News in brief

EARTH HOUR Calgary's Earth Hour power consumption dropped a little – but it wasn't as good as last year, according to Enmax. Saturday night consumption dropped by five megawatts, or half a percentage point, compared with 10 megawatts last year. In 2008, the power consumption spiked during Earth Hour in Calgary.
METRO CALGARY

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CalgaryTweets

@silverbelly Sorry Calgary...I removed my snow tires this afternoon. That may mean a blizzard next week. #yyc
@wasabi The Flames won? Wow, whodathunkit... may get to use my playoffs tix albeit highly unlikely. Avs need to lose against SJS next... #yyc
@Mizzfittscloset My niece and I are dancing and singing to sweet home alabama, she doesn't know the words but she's trying. #toocute #yyc #cardancing
@turnipthebeets Dear targeted ads on Facebook: Thank you for letting me know that a dentist in vancouver is accepting new patients. Sincerely, Calgary

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'Week in the life' of poverty

Event simulates pawning possessions, committing crimes

KRISTA SYLVESTER
krista.sylvester@metronews.ca

"It was an opportunity for them to learn about poverty in our community."
Rhiannon MacDonnell
Project coordinator

Eviction, jail, social services and the pawn shop is how 32 Calgarians spent their Sunday — but the hardships for the group were just an experimental poverty-simulation exercise.

The group of people in their 20s and 30s spent the day simulating a "week in the life" of a family or individual living paycheque to paycheque, as part of an Urban Exposure project.

Despite the hardships not being real, the participants felt the stress and pressure hands-on during the exercise, according to project coordinator Rhiannon MacDonnell.

"It was an opportunity for them to learn about poverty in our community and we hope it helps create a dialogue about the issues," she said.

The participants had to simulate pawning their belongings to make rent, asking for payday loans and commit crimes and go to jail to support their family.

"I think it's an avenue of giving them hands-on experiences to feel what it's like to be in the day of a life of some people who are living in poverty."

For Vania Poon, 24, the experience was eye-opening.

"It showed me that there are agencies out there to help people. I think the best way for Calgarians to help is to volunteer or give to those agencies that are there for the people who need it," she said.

PHOTO COURTESY RHIANNON MACDONNELL

Cameron Graham, 24, spent a couple of hours in "jail" as a participant in the poverty simulation held at SAIT for participants of the Urban Exposure Project.

Tranq guns for 'freeway dogs'?

ANIMALS Tranquilizer guns could soon be the tool of choice for bylaw officers to use on "freeway dogs" causing trouble on the city's roads.

Bylaw boss Bill Bruce said the city is in the evaluation process to explore the possibility of using tranquilizer guns on troublesome dogs who lead officers on a high-risk chase.

"We call them 'freeway dogs,' the ones who are running in and out of traffic and cause hours of time trying to get them safely. It's very dangerous for the officers, the dogs and the drivers," Bruce said.

Bruce discussed the idea with his US counterparts. "It's safe, it eliminates risk and it's efficient," Bruce added.

It would be at least a year before the method would be put in place and the city needs permission from Fish and Wildlife and the governments.
KRISTA SYLVESTER/METRO CALGARY

Calgary's golf lovers take a swing into the PGA Golf Show

SPORTS The 14th annual PGA Golf Show brought scores of golf lovers to the BMO Centre this weekend.

Golf clubs, golf-swing coaches and driving ranges were popular attractions for the avid golfers, but there were families and new golfers too, spokesperson Matt Mcwhirter said.

"It's the first show of the season and people are really excited to get going," he said. "It's definitely popular with golfers and there is so much here for them to see. Plus, we had a lot of families come out and enjoy themselves, too."
METRO CALGARY

4,000 Almost 4,000 people visited the Metro-sponsored golf show.

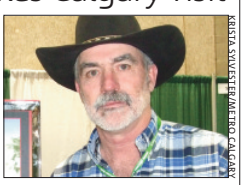
'Mantracker' makes Calgary visit

TV Popular OLN television star "Mantracker" Terry Grant made a special guest appearance in Calgary this weekend at the Calgary Outdoor Adventure 2010 show.

Grant said he had a great time at the event. "I love meeting new people and the show has some pretty cool stuff to check out," said the High River resident.

More than 14,000 people walked through the outdoor sporting event, according to show manager Russ Koehler.

"Terry Grant was a big draw for us," he added.
KRISTA SYLVESTER/METRO CALGARY



KRISTA SYLVESTER/METRO CALGARY

"Mantracker" Terry Grant

metronews.ca

WHAT'S ONLINE TODAY

Video News that GM is recalling more than 700 laid-off workers is met with cautious optimism in Oshawa, Ont., at **metronews.ca/canada**

Lotteries

Friday, March 26
Lotto Max: 3, 11, 12, 16, 34, 36 & 37 Bonus 18
Saturday, March 27
Lotto 6/49: 2, 4, 9, 22, 43 & 44 Bonus 29
These results are not official.

Space agency eyes Cape Breton site

Cape Breton may become a Canadian version of Florida's historic Cape Canaveral where astronauts and rockets have been launched into outer space for decades. The Canadian Space Agency is looking at the Nova Scotia island as one of two possible sites to blast small satellites into orbit using an indigenous rocket launch system. THE CANADIAN PRESS

Canada

Diplomat hits out at foreign policy

A Canadian diplomat is blasting Canada's foreign policy, calling on the government to pull out of Afghanistan and focus on Africa instead. Robert Fowler, a special United Nations envoy to Niger, says the money invested in Afghanistan would go much further in Africa, where instability also poses a security threat to the West. Fowler says Canada's foreign policy has been hijacked by domestic political concerns, especially in its support for Israel. THE CANADIAN PRESS

Aid group fears feds only help potential partners

POLITICS A non-governmental aid group is concerned the federal government has shifted its international development policy to favour potential trading partners instead of those most that are the poorest.

James Haga, national advocacy director for Engineers Without Borders, said the new policy doesn't line up with the law and that the Canada International Development Agency seems to be ignoring its legislated mandate to use development dollars first and foremost to reduce poverty.

The Official Development Assistance Accountability Act states that all Canadian development assistance abroad must be provided with a central focus on poverty reduction."The shift doesn't add up with the legislation," Haga said in an interview.

However, the law does not stipulate where the assistance must be used to reduce poverty.

Haga is in Vancouver to speak at the Engineers Without Borders' annual meeting to discuss foreign development and policy.

The organization provides technical support for water and sanitation projects, good governance initiatives and agricultural business to developing countries.

THE CANADIAN PRESS

Ottawa plans refugee overhaul

Immigrants from countries deemed dangerous to be fast-tracked

The federal government is ready to push forward with plans to shake up Canada's refugee system, aiming to quickly weed out posers and more efficiently accept people fleeing dangerous situations.

Immigration Minister Jason Kenney is expected to table controversial legislation as early as this week, or at the latest, by the end of April.

"To remove the years of uncertainty often faced by refugees in genuine need, while closing off avenues for those simply seeking a back door into the country, our government will propose comprehensive reforms to the refugee system," the Conservatives promised in the Speech from the Throne earlier this month.

The legislation would divide refugees into two categories — those from safe countries of origin, and those from more dangerous locations, who would be fast-tracked. The minister would decide which countries fall into the safe category.

The bill would also establish a new appeals process, so that claimants who are initially rejected can seek a second chance, and even introduce new evidence. Currently, appeals from an initial ruling usually end up in court, and appellants can't introduce new evidence. THE CANADIAN PRESS

Backlog up

• Despite controversial measures introduced two years ago to speed up Canada's immigration process, a backlog of skilled immigrant applications appears to be re-emerging, critics say. According to an analysis of Citizenship and Immigration Canada's latest data, the average processing time from all visa posts is seven-and-a-half years, with 600,000 people in the queue for 80,055 skilled immigrant visas granted in 2010.

TORSTAR NEWS SERVICE

Polygamist calls out for big cash

COURTS Admitted polygamist Winston Blackmore says he needs hundreds of thousands of dollars in government money to participate in a court review of Canada's polygamy law in a case his lawyer argued Friday will put him and his community of Bountiful, B.C., on trial. Blackmore, who police believe has 19 wives and more than 100 children, is asking the B.C. Supreme Court to award him cash and special standing in a case examining the federal law that prohibits multiple marriages.

THE CANADIAN PRESS.

Montreal **Riding a digital wave**

GRAHAM HUGHES/THE CANADIAN PRESS

Liberal Leader Michael Ignatieff delivers his closing address at the Canada 150 conference in Montreal yesterday. While the Liberals are using their policy renewal conference to kick the tires of ideas they hope to ride into office, the party is almost more excited about the social networking technology they took for a test run this weekend.

Canada eyes $100M spot in elite club to help Haiti

PRICE TAG Canada is preparing to pay $100 million to join an exclusive new international club that would guide the rebuilding of earthquake-ravaged Haiti, The Canadian Press has learned.

That's the price tag for a seat on the proposed Interim Haitian Recovery Commission that is expected to be one of the key announcements to be made this week at the New York international donors' conference on Haiti.

"Canada has been a major partner and a major donor to Haiti in the past years, so we will be there," said a senior government official. "Not sure of the structure, but Canada will play a major role."

The new commission will be made up representatives from more than a dozen donor countries, the Haitian government, the Organization of American States, the 15-country Caribbean bloc known as CARICOM, NGOs and international institutions. Its creation is one of two major announcements expected from Wednesday's Haiti summit in New York, senior World Bank officials said.

The other is the creation of a trust fund for Haiti's long term reconstruction mission.

THE CANADIAN PRESS

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See the Local page to learn how to scan.

Dimmer results for this year's edition of Earth Hour

In two of the country's largest provinces the results for Earth Hour were dimmer than in the past two years. Ontario saw a four per cent drop in electricity demand Saturday night during Earth Hour, while in British Columbia, BC Hydro said the province's electricity load dropped by 1.04 per cent. THE CANADIAN PRESS

LAURA FORTEV/FOR METRO VANCOUVER

Vancouver club owner Salam Ishmail is facing a Human Rights Tribunal over a comedian's remarks to a patron in May 2007.

Discrimination or just unfunny?

Tribunal to hear case of club patron's complaint against comedian

KRISTEN THOMPSON
Metro Canada

The owner of a Vancouver restaurant says he'll likely lose his business if a Human Rights Tribunal sides with a former patron who claims a comedian at his pub discriminated against her because of her sexual orientation.

It's a case that could affect club owners across the country, as well as comedians who make fun of audience members.

Club owner Salam Ishmail said he's paid $13,000 in legal fees, will owe another $20,000 when the hearing starts, and could face another $20,000 if the tribunal finds him at fault.

The hearing begins in Vancouver today.

Ishmail and comedian Guy Earle are accused of violating Section 8 of the B.C. Human Rights Code, after Earle made disparaging comments to Lorna Pardy and her same-sex partner at Ishmail's establishment in May 2007.

Earle called one of the women unattractive and suggested a crude way to get her to stop heckling performers.

"I come from old school of traditional stand-up and I'm offended when people disrupt and disrespect the show," Earle told Metro Vancouver yesterday.

"So I was brutal to them as I would be to anybody."

"Just because you find (something) offensive doesn't mean you should take it to the Human Rights Tribunal. If this is a mechanism that's in place, then surely no artist is safe."

Pardy's lawyer, Devyn Cousineau, said the case isn't about the content of a comedian's performance.

"This is a case about discriminatory language."

FILES FROM THE CANADIAN PRESS

Watchdog calls out government agency

HIRINGS A federal agency that's supposed to ensure government hiring is fair and transparent is being accused of cooking four employment contracts.

The Public Service Commission of Canada issued four sole-source contracts last fall after allowing the favoured candidates to vet their own job descriptions beforehand, says a public watchdog group.

And that amounts to stacking the deck so that any other potential candidates don't stand a chance, charges Canadians for Accountability.

Commission officials "consulted with the designated consultants to tailor the contracts to those individuals," spokesman Michael Dagg wrote last week in a letter of complaint to Treasury Board President Stockwell Day.

Calling it a "major breach" of the government's procurement policy, the group is demanding an investigation.

But a spokeswoman for the Public Service Commission says no rules were broken.

"The PSC has met all the contracting requirements of the government of Canada," Annie Trepanier wrote in an email.

She called it "common practice" to allow a proposed contractor to see a job description before it's posted to ensure the person meets the minimum requirements.

The four sole-source contracts, each worth $21,000 but renewable for up to $84,000 for three additional years, were posted on a contracting website last September.

The first term runs until Nov. 9 this year.

THE CANADIAN PRESS

American hunter seeks $8M from NWT

CARIBOU An American hunting outfitter is trying to use the North American Free Trade Agreement to fight what he considers misguided northern wildlife management.

A move by the Northwest Territories to revoke caribou tags for non-resident hunters is effectively the same as shutting down his business, says John Andre, who operates two hunting camps in the territory from his headquarters in Montana.

His allotment of caribou tags would go from 420 a year at its peak to zero under a proposal now before a northern regulatory board.

"They confiscated my business," he says. "My intent is to be compensated."

His notice of intent, recently filed with the federal deputy attorney general, seeks compensation of more than $8 million.

THE CANADIAN PRESS

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SAIT POLYTECHNIC

Medvedev eliminates two Russian time zones
Russian President Dmitry Medvedev thought the country had too much time on its hands, so yesterday he eliminated two of its 11 time zones. The changes mean that Chukotka – Russia's eastern extreme, just across the Bering Strait from Alaska – is now nine hours ahead of Russia's westernmost area. Formerly, there was 10 hours' difference. THE ASSOCIATED PRESS

World

NYC to search rubble again

New York City officials are planning to search through material excavated from around the World Trade Center site for any remains of Sept. 11 victims. The three-month endeavour is scheduled to start Friday at the Fresh Kills landfill on Staten Island. The material being searched was taken from the area around ground zero in the last two years. THE ASSOCIATED PRESS

North Korea not likely involved in sinking

Weeping, angry relatives of 46 crew members missing after a mysterious explosion sank a South Korean navy ship sailed around the site yesterday while others criticized the government for lack of results as rescue teams struggled to search for survivors.

No one has been found since an initial rescue of 58 sailors from the 1,200-ton Cheonan that sank early Saturday near the tense border with North Korea. No bodies have been discovered either. Still, President Lee Myung-bak refused to give up hope.

The ship had been on a routine patrol with other vessels in the Yellow Sea off South Korea's western coast. The exact cause of the explosion — one of South Korea's worst naval disasters — remained unclear and officials said it could take weeks to determine.

Fierce waves and high winds have hampered the search in an area where the two Koreas have fought three bloody naval engagements since 1999. Despite the location of the sinking, North Korea did not appear to be involved.

"We have detected 'no special movements' by North Korean forces; however, we, as a command, continue to monitor the situation and remain prepared for any contingency," Gen. Walter Sharp, chief of the 28,500 U.S. troops in South Korea, said in a statement yesterday.

At a naval base in Pyeongtaek, near Seoul, where other family members awaited news, wails of worry and anguish turned into shouts and screams from relatives demanding answers and results as Defence Minister Kim Tae-young and ruling party chief Chung Mong-joon visited to console them.

"My son said he would defend the nation, but instead he ended up like this!," one unidentified woman shouted, crying out and holding a framed photo of her son.

THE ASSOCIATED PRESS

Mysterious explosion

- An explosion tore open the rear hull of the South Korean naval ship Cheonan, shut down its engine, wiped out power and caused the ship to sink a little over three hours later. The ship broke into two pieces, officials said.

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London **Calls for Pope to step down**

TIME FOR GOD TO STEP DOWN
Pope's 2001 order to Bishops: Cover up sex abuse
Sex abuse cover up. Pope must RESIGN!
THE COVER-UP IN MUNICH CAUSED FURTHER ABUSES.
POPE?
NOPE!

SANG TAN/THE ASSOCIATED PRESS

Protesters demonstrate outside Westminster Cathedral in London yesterday, calling for Pope Benedict XVI's resignation and accusing him of covering up child sex abuse by Catholic clergy in the past. Revelations of the abuse of children by priests at Catholic institutions have swept across Europe, including in the pope's native Germany.

Swiss casino hit by a straight-out-of-Hollywood heist

SWITZERLAND An armed gang of masked men raided a casino packed with about 600 guests yesterday and made off with hundreds of thousands of dollars, according to Swiss prosecutors.

In a statement, prosecutors in Basel described a scene like an action-film heist: About 10 men dressed in black arrived in two cars at the Grand Casino near Basel shortly after 4 a.m.

One smashed the front door with a sledgehammer, and the others ran inside with machine-guns and pistols, the statement said. Speaking French, a group of men ordered the guests and employees to the floor, while their accomplices emptied registers in the basement and an upper floor, it said. They couldn't get into the strong room, despite shooting at the locked door, prosecutors said. "The criminals fired a number of shots, but luckily no one was hit," said the statement.

Swiss police said the men fled the casino quickly, driving away in two silver Audis with French licence plates.

A woman who accidentally drove between the two getaway cars and blocked the casino's exit was pulled from her vehicle and beaten, police said. They said it was possible that the men fired a shot at another car during their high-speed escape. THE ASSOCIATED PRESS

News in brief

AFGHANISTAN Under elaborate secrecy, U.S. President Barack Obama slipped into Afghanistan yesterday near the front lines of the bloody eight-year-old war he is expanding and affirmed America's commitment to destroying al-Qaida and its allies in the land where the 9-11 plot was hatched. Obama demanded accountability from Afghan authorities to make good on promises to improve living conditions, rein in corruption and enforce laws to prevent people from joining the insurgency.

ZIMBABWE A newspaper has apologized to Queen Elizabeth II for publishing a computer-doctored photograph showing the 83-year old monarch pregnant during news reports on a visit to Britain earlier this month by South African President Jacob Zuma. The Standard says the photo was drawn satirizing Zuma for his alleged promiscuity.

THE ASSOCIATED PRESS

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Comment

Put the cool back into carpooling

I made a resolution at the beginning of this year — to drive less. And so I've jumped on the carpooling wagon. With a few incentives, I think more commuters might jump on, too.

Carpooling gained status around the time of the 1973 OPEC oil embargo. A recent ABC report showed carpooling has more or less lost its cool factor. The report revealed in the U.S., while the number of commuters has climbed steadily over the past three decades, the number of those who carpool has decreased.

Things are slightly better this side of the border — Statistics Canada found people getting to work as a passenger in a car represented 7.7 per cent of all commuters in 2006, compared to 6.9 per cent in 2001, an increase of 209,200 people. Across Canada, over a five-year period, that's really not much to write home about though.

Similarly, Calgary's carpool program has more than 3,000 active participants registered, apparently making it one of Canada's most successful carpool programs — yikes.

Carpooling saves some cash, provides a buddy to chat with and offers a convenient excuse to leave work on time. But it comes with some compromise as well. Gone is the flexibility to hit snooze if you choose, impress the boss and stay late, add a few errands onto your route home or command the radio dial.

The city could do more to make the benefits of carpooling (or hopping aboard any multi-passenger vehicle, for that matter) outweigh the drawbacks. We only have one short span of a high occupancy vehicle (HOV) lane in Calgary located on Centre Street north. HOV lanes benefit those who choose to carpool or take transit, allowing them to zip past their single-occupant counterparts.

It's an opportunity missed. In Ontario, just 14 per cent of commuters carpooled on Highway 403 in 2003, but that number jumped to almost 40 per cent after an HOV lane was added. Clearly, HOV lanes can work.

Calgary is doing some things right. The city partners with Carpool.ca, a site designed to match carpoolers. The Calgary Parking Authority has also developed preferential parking for carpoolers (same goes for most post-secondary institutions in the city). And the city supports Rideshare Week.

HOV lanes are the infrastructure piece that's missing in our city though — they could reduce congestion, decrease travel times for multi-occupant vehicles and discourage driving solo. They could put the cool back in carpooling.

Adrienne Beattie is a Calgary-born writer who has covered urban issues since 2001 and has an English degree from the University of Calgary.

Views

Soul searching and dreaming of Snickers

Spring is here. Flowers bloom. Robins sing. Buds ... well, bud. It's the time of year when all of nature rejoices. And I, of course, am miserable.

Forty days, six hours and 20 minutes ago, I gave up chocolate for Lent. Lent is a Christian observance based on the Bible account of Jesus being driven into the desert for several weeks. For me, the story has always been vaguely reminiscent of the summer I spent at overnight camp. It's traditional, from mid-February to Easter, for Christians to enter into some kind of self-inflicted suffering. So, since I no longer date, I remember Jesus' soul-testing struggle by going six weeks without a Snickers bar.

Generally, I like the concept of self-denial. As long as it doesn't mean I have to give anything up. But most religions seem to insist that a little suffering of the body is good for the soul. For instance, in ancient times a group called Essenes proclaimed that the pathway to true joy was to exist with no sex, no decent food and nothing whatsoever that might make life the least bit comfortable. Incredibly, this movement did not catch on.

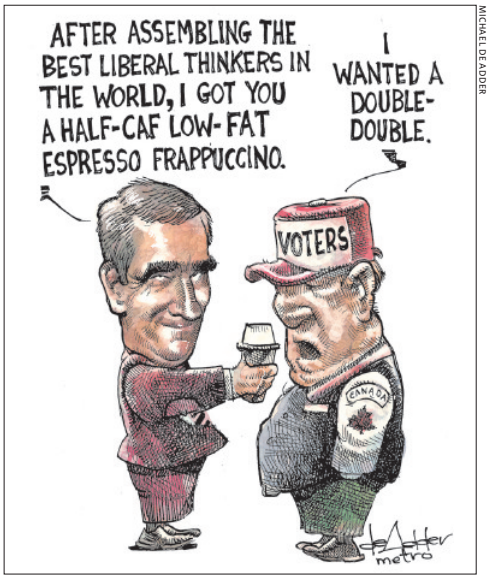
An advantage of giving up chocolate for Lent is that not only do I suffer, everyone around me suffers, too. One year I told my partner Liz I was going to observe Lent by giving up coffee. She said she'd observe it by giving up living with me.

So, is this little suffering bringing me spiritual renewal and awareness? Truthfully, the only thing I've become aware of so far is that I'm in serious danger of rolling the next person who stands near me while holding a Kit Kat.

Outside these days, my tiny backyard garden is awash in purple and yellow crocuses. Tree branches shimmer with gauzy green buds. The evening skies are opals and fire. Mother Nature is lavishing us with the indulgent pleasures of spring. Denying us nothing.

While I, being only human, wait for Easter. And dream of Snickers bars.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.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Going Green

Kick the habit

Kick the Fossil Fuel Habit deals with 10 clean technologies that can save our world today. It explores solar, wind, geothermal, biofuels, hydropower, ocean, smart buildings, transportation, efficiency and conservation and the energy Internet. METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

Skating sweetheart telling kids to think green

Chouinard challenges Canadian students to help their schools by looking for eco-friendly solutions

BEN KNIGHT
for Metro Canada

Following Canada's tremendous, inspiring success at the recent winter Olympic games in Vancouver, one of the most popular Canadian Olympians of the past 20 years is looking to a greener future.

Josee Chouinard — three-time Canadian champion figure skater, and Olympic athlete in 1992 and '94 — is spearheading a contest to find Canada's greenest school.

"My children started school this year — I've got five-year-old twins," Chouinard told Metro recently.

"As a mom, it's very, very hard to send not only my first child to school, but my last child as well! I felt really, really guilty that they had to take the bus."

But school buses, it turns out, are a much greener option than taking kids to school in private cars. IC Bus, the largest integrated manufacturer of school buses in North America, launched the Canada's Greenest School contest last month.

The top prize in the Greenest School contest is a $200,000 hybrid school bus.

"I felt really, really guilty that they had to take the bus."
Josee Chouinard

One of their new hybrid buses — a $200,000 value — is the top prize.

"I think it is a great thing to encourage the young generation," the 42-year-old Montreal-born Chouinard says.

"By having students doing submissions and entering the contest, and showing how their schools are committed to going green, it teaches each student the value of green living."

Students are encouraged to make eco-friendly suggestions for making their schools greener.

The winner gets $3,000 toward their future education.

The winner's classroom gets free school supplies for a year and — of course — there's a brand new green bus for the winning school.

Full contest info at canadasgreenestschool.ca

parkscanada.gc.ca parcscanada.gc.ca

Proposed Creation of Nááts'ihch'oh National Park Reserve

A proposal to protect the headwaters of the world-famous South Nahanni River, Northwest Territories.

We want your views on possible boundary options!

Parks Canada is consulting Canadians on a proposed new national park reserve to protect the headwaters of the South Nahanni River. Sharing a boundary with the newly expanded Nahanni National Park Reserve, Nááts'ihch'oh, if established, will complete the protection of the South Nahanni River watershed.

We need to know what you think! This is your opportunity to guide the future of your national park system - Canada's legacy to future generations.

Maps and boundary option information will be available at a public open house. Come and join us!

Calgary
Monday, March 29, 2010
3:00pm to 9:00pm
Presentations at 4:00 pm and 7:00 pm
W.R. Castell Library - Auditorium
616 MacLeod Trail SE

For more information, please call (867) 766-8460.

Can't attend an open house? Email us at: **npn@pc.gc.ca**

Maps, boundary option information and comment forms available on our website (above) or by email. **Deadline for comments: April 30th, 2010**

Parks Canada Parcs Canada Canada

parcscanada.gc.ca parkscanada.gc.ca

Projet de création de la réserve de parc national Nááts'ihch'oh

Objectif : Protéger le cours supérieur de la Nahanni Sud, rivière mondialement renommée qui traverse les Territoires du Nord Ouest.

Nous voulons votre opinion quant aux limites envisagées pour la nouvelle réserve.

Parcs Canada consulte les Canadiens au sujet du projet de création d'une nouvelle réserve de parc national visant à protéger le cours supérieur de la rivière Nahanni Sud. L'établissement de la réserve de parc Nááts'ihch'oh, immédiatement au nord de la réserve de parc national Nahanni nouvellement agrandie, compléterait la protection du bassin hydrographique de la rivière Nahanni Sud.

Nous voulons savoir ce que vous en pensez! C'est l'occasion de contribuer à façonner l'avenir de votre réseau de parcs nationaux – l'héritage du Canada pour les générations futures.

Nous donnerons des cartes et des renseignements au sujet des limites possibles dans le cadre d'une journée portes ouvertes. Venez nous voir!

Calgary
Le lundi, 29 mars 2010
15 h à 21 h
Exposé : à 16 h et à 19 h
W.R. Castell Library - auditorium
616 MacLeod Trail SE

Pour plus de renseignements, veuillez téléphoner au 867-766-8460.

Vous ne pouvez participer à la journée portes ouvertes? Écrivez-nous à l'adresse : **npn@pc.gc.ca**

Vous pouvez vous procurer les cartes, les renseignements au sujet des limites possibles et les fiches de commentaires sur notre site Web (ci-dessus) ou par courriel. **La date limite pour nous faire parvenir vos commentaires est le 30 avril 2010.**

Parcs Canada Parks Canada Canada

CanWest's big bonuses get green light

CanWest Global Communications Corp. won approval to pay as much as $2.7 million more in bonuses to employees deemed critical to its restructuring. METRO NEWS SERVICES

9

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Johannesburg **We can share**

TAWANDA MUDIMU/THE ASSOCIATED PRESS

Children from an orphanage tuck into part of a giant Easter egg at a Johannesburg shopping centre, over the weekend. The chocolate was part of a giant Easter bunny, almost four metres tall and made from more than three tonnes of chocolate, that was distributed to orphanages.

Real estate fight looms

Agents association says industry is competitive

A court challenge by the Competition Bureau accusing the Canadian Real Estate Association of being anti-competitive is "fundamentally misconceived," and should be dismissed, say lawyers for the organization.

"There is vibrant and vigorous competition amongst real estate agents and brokers for the supply of residential real estate brokerage services," CREA lawyer Katherine Kay stated in a 17-page response to allegations by the bureau filed on Friday.

"Canadian consumers have not been denied the benefits of competition."

The case is to be heard before the federal Competition Tribunal, which has the power to administer severe administrative or monetary penalties.

Talks have broken down between the two sides, as the stage seems set for an ugly battle between organized real estate and the Competition Bureau, which wants lower prices for consumers.

In her response to the tribunal, Kay contends Multiple Listing Service, or MLS, rules do not "have a negative exclusionary effect on realtors seeking to provide discounted real estate brokerage services or limited service offerings."

The MLS, a database of homes available for sale, is the property of CREA, which has 98,000 members across Canada.

Competition Bureau Commissioner Melanie Aitken wants the system opened up to more competition.

One problem, Aitken says, is that consumers are currently forced to buy a bundle of services when they list their properties, instead of paying for only what they need.

But CREA says in its statement that competition already exists in the market and consumers have choice.

"It is simply untrue that consumers have only one option if they want to sell their house using an MLS system operated by a local real estate board or association," said Kay.

TORSTAR NEWS SERVICE

Choices

- The CREA says many options already exist for consumers in the market, including listing properties for a flat fee, discounted commissions and various fee-for-service arrangements.

Alberta takes small step toward geothermal

ENERGY For a province that doesn't hesitate to throw billions of dollars behind energy, $2.6 million may seem small — but it's a start.

Earlier this month the Alberta Energy Research Institute (AERI), which recently became part of the new provincial research agency Alberta Innovates, approved a $2.6-million grant for a project that aims to produce geothermal power from hot water within mature oil wells.

The project is being led by environmental-technology supplier Free Energy International of Vancouver and Calgary-based engineering outfit Borealis GeoPower, which was founded in 2007 by former Shell Canada engineer Daniel Yang. Their aim is to build a power plant at an unnamed but fairly mature oil-and-gas production site in Swan Hills, Alberta.

TORSTAR NEWS SERVICE

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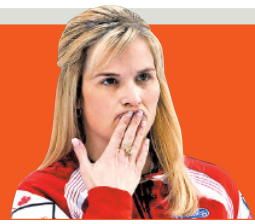
Pittsburgh hopes to host Winter Classic

Pittsburgh is making a strong push to play host to the NHL's next Winter Classic on Jan. 1, matching the league's two signature stars in the Penguins' Sidney Crosby and the Capitals' Alex Ovechkin at Heinz Field. A person with knowledge of the discussions said that Pittsburgh is in a strong position to be chosen as the host. THE ASSOCIATED PRESS

Sports



Bronze for Jones

Canada's Jennifer Jones, left, salvaged a bronze medal yesterday at the Ford women's world curling championship with a 9-6 win over Sweden's Cecilia Ostlund. Her Winnipeg team recovered from a 10-4 thrashing by Scotland's Eve Muirhead in the semifinal Saturday night. THE CANADIAN PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Class of 2010: Not your typical Final Four

NCAA BASKETBALL There's a coach they call "Huggy Bear" and a team better known for its field house than its players. There's a Final Four regular that hardly anyone figured would get this far and, bringing a wee bit of normalcy back to the party, there is Duke.

One of the most unpredictable NCAA tournaments in recent history served up a bit of the familiar for the Final Four — and a good dose of something completely different.

Coached by Bob (Huggy Bear) Huggins, West Virginia will make its first appearance since 1959. Its opponent Saturday will be Duke, the only No. 1 seed to make it to Indianapolis.

The other game features Butler against Michigan State in a meeting of two No. 5 seeds — the first time that's happened.

Butler, enrolment 4,500, plays in the gym where they filmed the basketball classic Hoosiers and is making its first Final Four appearance. Michigan State is making its sixth and perhaps most unexpected trip in the past 12 years.

The Spartans defeated Tennessee 70-69 yesterday to win the Midwest Regional despite the loss of one of their top players, Kalin Lucas, who tore his Achilles tendon last week.

THE ASSOCIATED PRESS

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SCOREBOARD

NHL

YESTERDAY'S RESULTS

CALGARY 5 Washington 3
Pittsburgh 5 Toronto 4 (SO)
St. Louis 2 Edmonton 1
Philadelphia 5 New Jersey 1
Columbus 4 Chicago 2
San Jose 4 Colorado 3

NBA

YESTERDAY'S RESULTS

Miami 97 Toronto 94
Milwaukee 108 Memphis 103 (OT)
Cleveland 97 Sacramento 90
Atlanta 94 Indiana 84
Chicago 110 Detroit 103
Orlando 103 Denver 97
Phoenix 111 Minnesota 105
Portland 92 Oklahoma City 87
San Antonio 94 Boston 73
Golden State 121 L.A. Clippers 103

NCAA

YESTERDAY'S RESULTS

Michigan State 70 Tennessee 69
Duke 78 Baylor 71

Desperation win

NHL RESULTS

Flames 5 Capitals 3

VS Capitals

Well, that was quite a 24-hour swing. One day after the Calgary Flames looked done for the season, they went out and dominated the league's top team.

Having reached the desperation point in their bid to make the playoffs, the Flames scored four goals in the first period yesterday and beat the Washington Capitals 5-3.

Captain Jarome Iginla had said the Flames needed to "run the table" to get into the post-season after a 5-0 loss at Boston on Saturday.

He and his teammates responded by salvaging a three-game road trip that began with two losses.

"We played with the effort that we're supposed to," defenceman Robyn Regehr said, "and we have to do that for the rest of the year."

The win moved Calgary within four points of eighth-place Colorado and within five of seventh-place Los Angeles in the Western Conference.

Ales Kotalik, Ian White, Jay Bouwmeester, Niklas Hagman and Rene Bourque scored for the Flames.

GREG FIUME/GETTY IMAGES

Alex Ovechkin of the Washington Capitals collides with Mark Giordano of the Calgary Flames yesterday in Washington.

Miikka Kiprusoff, who was pulled in the third period of the loss to the Bruins, made 31 saves against the Capitals as Calgary won in Washington for the first time in 11 years.

"We're all talking about that we want to be in the playoffs," Iginla said.

"But we've got to go earn it and earn a chance. Now we're in position where we're just trying to earn a chance and see what other teams do."

Alex Ovechkin got his 46th goal for Washington and also had an assist to reach the 100-point mark for the fourth time in his five-year career. David Steckel and Mathieu Perreault also scored for the Capitals.

THE ASSOCIATED PRESS

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Columbia College

Canada beats Germany
Jessica Campbell scored twice and added four assists as Canada rolled over Germany 15-0 at the IIHF under-18 women's world hockey championship yesterday. THE CANADIAN PRESS

Sports in brief

SOCCER Fernando Torres scored twice yesterday as Liverpool's struggle to qualify for the Champions League was helped by a 3-0 victory over Sunderland. The victory moved Liverpool up to fifth in the Premier League, four points behind fourth-place Tottenham having played a game more.

F1 McLaren's Jenson Button survived a first-corner collision and successfully gambled on a bold tire strategy to win a thrilling Formula One Australian Grand Prix yesterday. Button was the first driver prepared to change from intermediate tires to slicks on a drying track, and drove the final 52 laps on a wearing set of soft tires to claim back-to-back wins in Melbourne.

YANKEES A British study says New York Yankees baseball players are the best paid in global team sport ahead of Real Madrid's footballers. The report, compiled by www.sportingintelligence.com, only gave figures in British pounds, with Yankees players listed as having an average salary in 2009 of 4.7 million pounds (currently about $6.95 million US). The figure for Madrid was 4.2 million pounds.

NHL Devin Setoguchi had two goals, and the San Jose Sharks — without injured leading scorer Joe Thornton — beat the Colorado Avalanche 4-3 last night. Thornton, tops on the team with 66 assists and 85 points, sat out Sunday after being knocked out in the second period of Saturday's win over Vancouver by an undisclosed lower body injury.

BASKETBALL With his men's bracket a bust, the president still has some hope in the women's NCAA tournament. United States President Barack Obama has three of his Final Four teams remaining in the women's bracket, including Connecticut, which beat Iowa State 74-36 on Sunday for its 75th straight win. He also has Stanford and Nebraska left.

THE ASSOCIATED PRESS

'It's been a great a world championship'

Skate Canada pleased with team's performance

No matter what their competitive future holds, for Tessa Virtue and Scott Moir, this season will be stamped in the history books as the finest ever by a Canadian ice dance duo.

Canada's newly minted ice dance stars wrapped up a brilliant undefeated campaign, Patrick Chan enjoyed some measure of redemption after a disappointing season, and Cynthia Phaneuf carried Canada's flag admirably in the absence of Joannie Rochette at the world figure skating championships.

Now, Skate Canada bosses head home thoroughly pleased with the team's performance in Italy, which capped not just this single season but four years of concerted focus on the Vancouver Olympics.

"It's been a great world championship," said Skate Canada CEO William Thompson. "Obviously to have Tessa and Scott come in and win a gold medal is tremendous. And Patrick to get himself back on the world podium is a big deal."

Virtue, 20, and Moir, 22, had a fairytale season — first Olympic gold, then their first world championship title. While the two haven't committed to competing next season, Thompson believes they will.

"I don't think anyone should read into (their waffling) at this stage," Thompson said. "They had a goal, they wanted to finish this season, then they have to sit and evaluate what they want to do next. They like to compete, they like to train, they're still young.

"At some point they're going to have to take a deep breath and really look back on these last two months, because it's been quick. I don't think they really realize what they've done."

PAUL CHIASSON/THE CANADIAN PRESS

Ice dance gold medallists Tessa Virtue and Scott Moir perform in the closing gala yesterday at the world figure skating championships in Turin, Italy.

Thompson said Canada's national skating organization would do pretty much anything for its two star skaters in the sport.

"Absolutely. Olympic and world champions — you can have your general rules, but at some point you put yourself into a different category," Thompson said. "Absolutely, we will be sitting down with them about what they need to continue and whatnot."

Virtue and Moir received additional funding heading into Vancouver through Own The Podium, which pumped millions worth of corporate and federal dollars into training Canadian athletes leading up to Vancouver. Mike Slipchuk, Skate Canada's high performance director, said the funding picture is foggy for the upcoming post-Olympic season.

"If that financial contribution is not there from Own The Podium, then we will do what we can at our end to keep that," Slipchuk said. "You don't want to have your top team, Olympic champions, have to quit because of $10,000 or something."

THE CANADIAN PRESS

South Korea's Seo wins first LPGA Tour title

GOLF As Hee Kyung Seo was about to receive the trophy for her runaway win in the inaugural Kia Classic, Michelle Wie was standing near the scorer's tent explaining her latest rules gaffe.

Wie was penalized two strokes for grounding her club in a hazard after hitting out of the water near the 11th green at La Costa, giving her a double-bogey 7. At the time she was five strokes behind Seo, who earned her first LPGA Tour title by shooting a 2-under 70 for a six-stroke victory.

Hee Kyung Seo

The 23-year-old Seo, who is not a member of the LPGA Tour, received one of the three sponsor's exemptions to get into the tournament. An 11-time winner on the Korean LPGA Tour, she can chose to become an LPGA Tour member this year or next.

Wie likely wouldn't have caught Seo, but the penalty dropped her into a tie for fifth at 4 under.

Had she not been penalized, she would have tied Inbee Park for second.

Despite being in the water, Wie parred the 11th. She was notified of the penalty by LPGA Tour rules official Doug Brecht a few holes later.

After her round, Wie went to a TV truck to review video with officials.

"They interpreted it differently than what I felt," Wie told reporters later, down the hill and around the corner of a grandstand from where Seo was getting her trophy on the 18th green.

"I knew I did ground the club. At the same time I knew that I felt off-balance. I closed my eyes and hit the shot and grounded my club so I wouldn't fall into the water while wearing a white skirt."

THE ASSOCIATED PRESS

Huskies take CIS hockey crown

FINAL An unlikely hero delivered the Saint Mary's Huskies their first ever Cavendish University Cup.

Brad Smith scored in overtime to lead the No. 3 Saint Mary's Huskies to a 3-2 win over the top-seeded Alberta Golden Bears in the Canadian Interuniversity Sport men's hockey final yesterday.

Smith, who started the game on the fourth line, snapped up a rebound off of captain Marc Raincourt's shot from the slot, and put it top right corner for the win.

"To be honest, I think it's the biggest goal I'll ever score in my career," Smith said after the game.

Smith said that it took him a second to understand what happened.

"I just froze; I couldn't believe it," Smith said. "When I realized what I had just done, I just went crazy."

Rookie goaltender Neil Conway made 38 saves in the win.

At the other end of the rink, the Huskies managed only 26 shots on Travis Yonkman through three-plus periods.

Huskies head coach Trevor Stienburg said that he knew how close they came to losing.

"We're not stupid, we know we got outplayed in the first period pretty badly," said Stienburg.

"We made the most of our chances, and we just willed it out."

THE CANADIAN PRESS

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uCalgary appoints engineering dean as president

Yesterday the University of Calgary's board of governors endorsed Dr. Elizabeth Cannon, the current dean of the institution's Schulich School of Engineering, as the university's next president, effective July 1. METRO NEWS SERVICES

Workology

Project Hero controversy at uRegina

Sixteen University of Regina professors have written to the school's president outlining their concerns over the university joining Project Hero, a free scholarship program for children of fallen Canadian Forces personnel. They state the program glorifies military action, and they don't want their university to take part in it. One political science professor says the program's name celebrates military intervention abroad adding, "We think this is a glorification of the Afghan effort." METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Following your dream

No short cut to success, you always have to work hard: Author

RAFAEL BRUSILOW
for Metro Canada

While you might love, say, building furniture in your spare time, things can change very quickly when you start doing it for money. Keep this in mind when following your dream.

If you feel stuck in a job that frustrates more than satisfies, it might be time to find a career you can truly love.

Most people harbour dreams of pursuing their ideal career but circumstances often force them to pursue other kinds of work, yet the dream doesn't have to wither away if you are determined and ready to work hard.

Chantel Simmons, a former beauty editor at Elle Canada who now works as a consumer trends tracker and best-selling author, says before trying to jump out of a job you hate, you need to have a clear sense of what job you'd actually love.

"You need to allow yourself to think about what you love to do. What do you think you would be able to do every day and not get sick of?" she said.

Simmons herself left her former career to pursue her lifelong passion of being an author and has found success and happiness finally doing something she always wanted to do.

She says ultimately, regardless of what kind of work you do, there's no shortcut to success. You still need to put time and effort into your career, it just becomes easier and more satisfying when you do something you love.

"To succeed you have to do a lot of hard work, no matter what you're doing. If you love what you do, then the hard work pays off," Simmons said.

First off, be sensible and keep your day job — you don't want to dive head first into the deep end until you know you can swim well enough on your own.

"Some people are able to just quit their job and follow their passion but most people are not able to make that leap. The best thing you can do is take small, small steps. Keep your job while you pursue your passion on the weekends and start out of your kitchen or apartment," Simmons said.

While you might love painting or building furniture to unwind in your spare time, things can change very quickly when you're forced to do something on a daily basis under pressure. The activity you truly love might quickly turn sour once you start to do it for money so test the waters out first.

"There's a difference between a hobby and a career — you may not love it once it's a full-time job. Go ahead and try your passion on the side and see if it's viable as a job," Simmons said.

When you do decide to pursue your dream, commit to it as fully as any other career.

"If you want to start something you have to be determined. Make a commitment every day and don't be afraid to fail. It's all about taking your own future into your hands," Simmons said.

The first and the most important impression

KEITH CARMAN
for Metro Canada

"You never get a second chance to make a first impression."

Allegedly lifted from author Oscar Wilde, that statement has sold more goods and services than intended when initially hypothesized. Still, it continually rings true, most notably when selling the most important good: Ourselves when securing, maintaining or improving employment.

> **"Psychologically, bosses will prefer and be more open to future interaction with those who made positive first impressions."**
> Adrian Caravello

Unfortunately though, as Adrian Caravello, academic co-ordinator for George Brown College's Food and Beverage/Hospitality and Tourism course notes, few of us realize that even with great interview skills, "first impressions" continue to be vital well after acquiring a position.

After striving to promote ourselves positively to potential employers, people tend to fall back on questionable, even lazy interaction tendencies once the job is theirs: Poor eye contact, weak handshakes, unclear speech, a lack of a genuine smile and improper grooming.

However, while we rarely consider it, moving up the corporate ladder — let alone maintaining our vocation — relies on essential skills such as strong eye contact, confidence and proper body language. These communicative aptitudes are equally key later in our career, not just during that initial screening process.

"When I hire someone, I envision that individual greeting my most 'sophisticated' and quirky guests," Caravello advises as an employer experienced in screening potential staff. "I play out a scenario to evaluate if they could make a positive impression on them."

Caravello also reveals that maintenance or alteration of a first impression can be harder than we imagine. Within three seconds of an introduction, many employers have assumed a staff member's future potential with their organization, an opinion supported or refuted by our future actions.

"An employer evaluates to see if you fit into their vision … Psychologically, bosses will prefer and be more open to future interaction with those who made positive first impressions."

Workology in **brief**

MCMASTER GETS $1 MILLION

McMaster University's part-time student association announced last week a $1 million gift as a tribute to outgoing president Peter George, who retires on June 30 after 15 years as the head of the school. The donation will help fund a new liberal arts building, which has been a priority for George. METRO NEWS SERVICES

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Survey says hiring should be on the rise

With all eyes focused on job creation, a new survey that tracks professional employment offers a bit of good news for the upcoming quarter.

Ten per cent of executives interviewed for The Robert Half Professional Employment Report said they plan to increase the number of full-time employees in professional occupations in the second quarter, and six per cent anticipate declines. Eighty-two per cent of executives interviewed expressed confidence in their companies' prospects for growth in the next quarter.

Key Findings

Get ready for some hiring. A recent survey says more executives plan to hire than fire this year.

- A net four per cent of executives plan to increase hiring in professional occupations, such as accounting, finance and information technology (IT), in the second quarter of 2010.
- Executives in the finance, insurance and real estate sector plan to do the most hiring of professional staff, with a net nine per cent projecting hiring increases.
- The legal field is expected to see the strongest hiring activity, with a net 26 per cent of respondents expecting to increase staff levels.
- Nearly four in 10 executives (37 per cent) said it is challenging to find skilled professionals today.

"Many firms, especially those that found they cut staff too aggressively during the worst of the recession, may need to add personnel at the first sign of a pickup in business," Max Messmer, chairman and CEO of Robert Half International, said. METRO NEWS SERVICES

Saskatchewan to reinstate funding for FNUC
The Saskatchewan government will restore funding to the First Nations University of Canada after a working group reached an agreement last week on the process for the reorganization and future operation of FNUC over the next four years. METRO NEWS SERVICES

Many diamonds in the rough

OddJobs

Diane Peters
Metronews.ca/oddjobs

If you make a mistake at work, your boss will probably be very annoyed with you. If Jeannine Pilon makes an error, it's instantly worth thousands of dollars.

Pilon, now 38, was born in Sudbury, Ont., and started her professional life doing hospice work — caring for people who were dying.

Then she moved up to Yellowknife with her then-husband, had a baby and decided she wanted to do something a more positive and creative.

She heard about a diamond-cutting course when she attended a trade show.

Pilon had always been artistic: She drew, sewed and had painted a huge mural on her son's bedroom wall.

Pilon did well right away. Staff from Arslanian Cutting Works came in weekly to look over the students' work, and liked Pilon's so much she was hired before completing the four-month course.

Once on the job, Pilon began a three-year apprenticeship under a master cutter, then wrote an exam to be fully certified.

She only works on diamonds that have already been through several stages and tradespeople, including a marker who marks where a stone will be cleaved into two (as most rough diamonds yield two stones), a sawer who cuts it and a bruter who creates the round shape of the stone.

"My job is to make it as pure and clear as possible," says Pilon. Using her wheel — which looks like a turntable — and holding the diamond in a tool called a tang that can be adjusted to get the angles perfect, she "blocks" the stone by creating eight facets on the top and eight on the bottom of the diamond. She constantly looks at the stone through a jewellers magnifying glass.

Pilon then moves on to brillianteering, which involves cutting 57 tiny, perfect facets.

Each diamond takes between 15 and 45 minutes to complete, but Pilon will often spend half the day blocking and another half brillianteering. The work is tedious and dirty: Pilon is covered with carbon at the end of the day and showers as soon as she gets home. It's also stressful. Overcutting lowers the value of the diamond, and making too many mistakes can mean you'll soon be working on less valuable stones.

The Lowdown

Job title: Diamond cutter
Salary: $100,000 plus
Education/training: Three-year apprenticeship and passing an exam
Best Part of the Job: "Taking something that's possibly 3.2 billion years old and possibly creating a masterpiece for someone to pass down for generations."
Worst Part of the Job: "Having to give them away."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Fox cancel 24

The eighth and current season of 24 will be the show's last. Fox is ending the popular drama's run this May. "While the end of the series is bittersweet, we always wanted 24 to finish on a high note," star Kiefer Sutherland said in a statement. POPEATER.COM

Entertainment

No baby yet

Fans who can't wait to see Beyoncé Knowles and Jay-Z start a family will have to be patient. Despite reports to the contarty, Beyoncé's rep says the singer is not pregnant. PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

The kids are all right

Lautner, Cyrus win blimp trophies, avoid slime at Kids' Choice Awards

Team Jacob was triumphant at the Kids' Choice Awards.

Twilight star Taylor Lautner picked up two orange, blimp-shaped trophies at Saturday's 23rd annual shenanigan-packed Nickelodeon spectacle inside UCLA's Pauley Pavilion. Lautner snared the favourite actor honour for his New Moon role as hunky werewolf Jacob Black as well as the inaugural cutest couple award with his Twilight co-star Kristin Stewart.

"I have to admit I have always dreamt of winning one of these orange blimps," said Lautner.

The fan-favourite ceremony's host, Paul Blart: Mall Cop actor-comedian Kevin James, kicked off the show by performing a hip-hop dance routine as Adam Sandler serenaded him from above while dressed as an angel and fountains of green slime spontaneously gushed on the first few rows of the audience. James said more than 115 million votes were received this year.

Katy Perry gets slimed at Nickelodeon's Kids' Choice Awards on Saturday.

Katy Perry, wearing a bright blue wig and skintight flowery dress, was blasted with slime when presenting the favourite movie actress trophy to Miley Cyrus. The gooey I Kissed a Girl singer chased the Hannah Montana actress around the stage, but co-presenter Jonah Hill grabbed Perry before she could embrace the 17-year-old singer-actress with a slimy hug.

"I can't see anything," complained Perry. "Why does it taste like boogers?"

Other favourites included Alvin and The Chipmunks: The Squeakquel for movie, Up for animated movie, Jim Carrey for voice from an animated movie for A Christmas Carol, Mario Kart for video game, iCarly for TV show, American Idol for reality show, SpongeBob SquarePants for cartoon, Dylan Sprouse for TV actor and Selena Gomez for TV actress. "I'm the luckiest girl in the whole world," said Gomez.

"I can't see anything. Why does it taste like boogers?"

Katy Perry

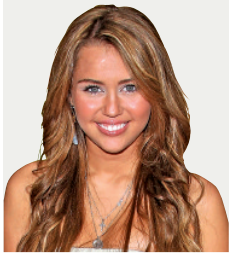
In the music categories, the winners were Black Eyed Peas for music group, Jay-Z for male singer and Taylor Swift for female singer and song for You Belong With Me. Favourites in the sports categories were two-time Olympic gold medallist volleyball player Misty May Treanor for female athlete and 20-year-old skateboarder Ryan Sheckler for male athlete.

"This goes right in the trophy case," Sheckler said holding up his blimp.

First lady Michelle Obama won the ceremony's Big Help award for her Let's Move campaign to cut down on childhood obesity. THE ASSOCIATED PRESS

Cyrus quits Hannah

• Miley Cyrus has quit Hannah Montana, femalefirst.co.uk reports. The 17-year-old star announced yesterday she would be leaving the Disney show to pursue her pop career full-time because she has "grown out" of it. "I'm going to rejoice and be happy to finally not have to be somebody I'm not. Now that I'm older, people can say what they want and I'm like, 'Whatever.'" Her decision follows Cyrus being named Favourite Movie Actress at the Nickelodeon 23rd Annual Kids' Choice Awards. METRO NEWS SERVICES



Hopper honoured
A frail-looking Dennis Hopper was honoured Friday with the 2,403rd star on the Hollywood Walk of Fame. The ailing 73-year-old actor appeared thin from his battle with prostate cancer when receiving the award. TVGUIDE.COM

The ’80s according to John Cusack

Actor reveals the good, the bad and the ugly of decade

The ’80s were good to John Cusack. He was a teenager then, racking up acting credits in films such as Sixteen Candles, The Sure Thing, Better Off Dead and Say Anything.

Now 43, Cusack returns to that storied decade on screen and off as the star and producer of Hot Tub Time Machine, a comic romp that brings four friends back to their youthful glory days via a mysterious Jacuzzi powered by Russian Red Bull and repaired by a cryptic Chevy Chase.

In the film, in theatres now, Cusack and Chase, along with Rob Corddry, Craig Robinson, Clark Duke and Crispin Glover, find themselves at a ski resort for Winterfest ’86, where Poison is the headlining band and Day-Glo is the fashion of choice.

Cusack talked with The Associated Press about what he loved and hated about the ’80s and what he would do with a real time machine.

Q What made you want to go back to the 1980s?

A I remember it being — obviously it was the formative years of my life because I was between 10 and 20 — but I don’t remember it being all that cheery a time, so I thought that having some actors who had been in movies back then, going back in time and actually being a movie within a movie, I thought that all that was part of the comic nightmare of it.

Q What were the most awesome things about the ’80s?

A There was great music, great art, great literature, great films. Those are usually some of the things that I like.

Q Were you more Motley Crue or The Cure?

A I was more of the Clash, Fishbone, The Jam.

Q You did not mention fashion as one of the awesome things about the ’80s.

A I think that would have to fall under the terrifying things of the ’80s. The legwarmers, the scrunchies, the mullets, the primary colours. The list goes on and on. And I have a wide variety of fashion horror shows myself that’s available on cable, seemingly all the time.

Q If you had a real hot tub time machine that worked, where would you go and why?

A If you could go back to when your favourite bands were first playing. Like if you were a drummer, you could go back to Liverpool right when the Beatles fired Pete Best and they’re looking for a drummer and replace Ringo Starr.

There could be a couple historic opportunities there.

Or you could go see the Rolling Stones’ first American tour or something, or see David Bowie or see the Sex Pistols when they first came to America at CBGBs.

You could do an awesome rock ’n’ roll tour and see bands’ first explosions. You could also travel back in time and not meet people that you ended up meeting and going out with.

You could avoid a few bad relationships by just actually not bumping into them, so that would be good.

THE ASSOCIATED PRESS

John Cusack stars in Hot Tub Time Machine.

Wyrd Sisters, Warner settle Potter suit

LEGAL Five years after it started, a legal battle that threatened to derail one of the Harry Potter movies and stirred up a cauldron of anger among fans has ended quietly, shrouded in the kind of mystery befitting a wizard.

A $40-million lawsuit launched by The Wyrd Sisters, a little-known Winnipeg folk group, has been settled out of court, representatives for both sides confirmed to The Canadian Press. However, the settlement is subject to a confidentiality clause that prevents either side from revealing what, if any, money has changed hands.

The Wyrd Sisters tried to block the 2005 release of Harry Potter and The Goblet of Fire when they found out that the movie, like the book on which it is based, was to feature a rock group called either The Weird Sisters or The Wyrd Sisters.

Kim Baryluk, the group’s founder and only consistent member, sued for $40 million, and asked an Ontario court to block the release of the movie across Canada. She also asked the judge to force Warner Bros. to destroy any DVD, compact disc, video game and other paraphernalia that contained references to the music group.

Warner Bros. fought back, saying it had removed any reference to the band’s name from the movie, and had offered Baryluk $5,000 for use of the name.

Ontario Superior Court Justice Colin Campbell rejected Baryluk’s request to block the movie, and ordered her to pay Warner Bros. $140,000 for the company’s legal costs. The decision set off years of appeals, as well as court battles between Baryluk’s former lawyer, Campbell and other judges, whom the lawyer accused of acting inappropriately. Those accusations were later deemed baseless, and Baryluk has since changed lawyers.

Kim Baryluk, founding member of The Wyrd Sisters.

While the settlement details are unknown, DVDs of the movie and CDs of the soundtrack, continue to be available.

The lawsuit was met with anger among Harry Potter fans and followers of British rock groups Radiohead and Pulp, whose members appeared in the film as the now-unnamed band.

They accused Baryluk of seeking publicity and quick cash. They pointed out that references to Weird Sisters or Wyrd Sisters go back centuries, including three characters in Shakespeare’s Macbeth. But Baryluk said she was simply trying to protect a name she had spent 15 years building.

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Damon honoured for film, charity work

Matt Damon was honoured at the Beverly Hilton Hotel in Los Angeles on the weekend for his film and philanthropic work. A taped version of the event, Hollywood Salutes Matt Damon: An American Cinematheque Tribute, will air in April on ABC. EW.COM

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Jackson had cream for skin-whitening

SEARCH Detectives found large quantities of general anesthetic and dozens of tubes of skin-whitening creams in Michael Jackson's home after the singer's death, search warrants unsealed Friday show.

Investigators went to Jackson's rented mansion June 29 following a lengthy interview with his personal physician, Dr. Conrad Murray, who told them he had placed a medical bag in a cupboard in a closet.

At the home, detectives found 11 containers of the powerful anesthetic propofol, some of them empty, as well as a range of sedatives and various medical items including a box of blood pressure cuffs, according to the warrants, which were redacted and unsealed after The Associated Press filed a legal motion.

Jackson's June 25 death at age 50 was ruled a homicide caused by an overdose of propofol and other sedatives. Murray has pleaded not guilty to involuntary manslaughter. During their search, detectives found 19 tubes of hydroquinone and 18 tubes of Benoquin, both of which are commonly used in the treatment of a skin condition Jackson had called vitiligo. The disease creates patches of de-pigmented skin, and creams can be used to lighten skin that has retained its colour to give a more even appearance.

"Some people with vitiligo get to the point where there is so much of them that is pale, it makes more sense to remove the bits that are brown," said Dr. David Sawcer, assistant professor of clinical dermatology at the University of Southern California.

Benoquin is derived from hydroquinone. Though the creams can be used at the same time, it is unusual to do so, Sawcer said. The medications typically come in travel-toothpaste-sized tubes and each treatment usually lasts a few months. Side effects include acute sensitivity to the sun.

"In the places they have no pigment, they are exactly like an albino," Sawcer said.

The skin cream was not listed as a factor in Jackson's death nor was it detected in a toxicology report. What killed Jackson, according to the autopsy report, was an overdose of propofol, an anesthetic normally used for surgery.

THE ASSOCIATED PRESS

STEPHEN LOVEKIN/GETTY IMAGES

Actor Peter Facinelli stars as a doctor in both the Twilight movie franchise and the TV show Nurse Jackie.

Twilight Doc doing double duty

Formerly shy Facinelli now a star on big and little screens

Early on in their careers, many actors question whether their dreams to be in show business are realistic goals. For Twilight actor Peter Facinelli, that internal struggle came when he was about eight.

"I was just really shy, and there was one part of my brain saying, 'You should go be an actor' and the other part of my brain going, 'You're really nuts because I can't even stand in the lunch line in school because I'm afraid of people'," he recalls.

But his artistic side overtook his practical one. He ended up studying theatre at New York University and now not only stars in the white-hot Twilight movie series, but has also won acclaim for his supporting role as Dr. Fitch Cooper on the Showtime cable network's Nurse Jackie.

The dark comedy, which had its second season premiere in the U.S. last week, was the most-watched new series in Showtime's history when it debuted last year.

"I'm a fan of the show. I love watching these characters and how they all interact … and to see how they react off of each other, and how they get along and don't get along," Facinelli said.

Edie Falco stars as nurse Jackie Peyton, a drug addict who is both unethical on the job and in her marriage. Facinelli's character, a young, Ivy League-educated know-it-all, is somewhat smitten with his co-worker.

"He's kind of like the kid in third grade who has a crush on somebody, but it's not being reciprocated, so he's constantly pulling on her pigtails trying to get a reaction out of her," he said.

Facinelli, who plays the patriarch vampire clan leader Dr. Carlisle Cullen in the Twilight series, returns with the third instalment, Eclipse, out June 30. Facinelli says Eclipse will be more action-based and will feature the Cullens in a different light.

"Usually, they're very buttoned-up and you know, always trying to appear human and be in control. And in this movie, we have this looming presence throughout the whole movie that's hard to stay in control all the time," he said.

With steady projects on his resume, Facinelli, 36, is capitalizing on his success by writing movies. He's penned the TV-film Mulligan, which will star is wife, former Beverly Hills 90210 actress Jennie Garth.

"I finished writing it and then she read it and said, 'Hey if you ever make this I want to play this.' And I said, 'We'll see. Maybe you'll come in and audition for it,"' Facinelli said with a laugh.

He also wrote and will star in the romantic comedy Loosies, about a pickpocket in New York who has commitment issues and learns from a one-night stand that he's a father-to-be. And he'll star in the biopic Paz, based on the life of boxer Vinny Pazienze.

Facinelli has become a popular face in Hollywood, and he has more than 1.5 million followers on Twitter to prove it.

"Some people get mad because they say, 'You used to respond more,' but I found that my responsibility has shifted. I used to respond more when I had few followers. Now I can't respond to every single thing but I still read them all," he said.

THE ASSOCIATED PRESS

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SECOND CUP

Handler ramps up the hilarity in new book

Book **Review**

HUMOUR Chelsea Handler spins a series of gut-busting tales in her latest, completely outrageous, laugh-out-loud book. Chelsea Chelsea Bang Bang offers a bevy of essays as unflattering as they are hilarious.

Fans of Handler, a standup comedienne and host of E! television's Chelsea Lately, are treated to a plunge down the rabbit hole with the follow-up to her best-seller, Are You There, Vodka? It's Me, Chelsea. Chelsea Chelsea Bang Bang adds new dimension to the definition of dysfunction and it's hard to tell whether her outlandish stories are designed more to amuse herself or her fans.

Handler can bend the truth with greater ease than a pro weight-lifter. She convinced Heather McDonald, a Chelsea Lately staff writer, that McDonald had been hired to write a comedic screenplay recalling the explosion of the Challenger space shuttle. And she conned her boyfriend into going to a dog's funeral under the guise that she'd killed the canine with seafood. She hits her stride when discussing family. Her portrayals of her home life are chaotic and likely exaggerated but so much fun to read. While her relationship with her siblings is tumultuous, it's also loving and fun, garnished with a little absurdity.

The book's strength lies in the passages about family. The Handler siblings share a corn ball sense of humour (and they refer to their father as "Platypus"). It's a different twist on what makes a happy household, but it's an effective one.

THE ASSOCIATED PRESS

All wild, all the time

National Geographic'S WILD show debuts in U.S.

Flip on the National Geographic Channel and you'll find animals in the wild sharing time with shows on science, exploration, history and world culture.

When you flip on Nat Geo WILD, soon to be available in the United States for the first time, it'll be all wild, all the time — and available in HD.

The 24-hour WILD was introduced in Hong Kong three years ago and is available in more than 50 countries, said Geoff Daniels, the executive in charge of programming for the new network. The United States will be added today, nine years after Nat Geo went on the air.

WILD has been one of fast growing National Geographic projects internationally, Daniels said. High definition makes the timing right and the viewing awesome, he said.

High definition, Daniels said, gives filmmakers new power to peel back the mysteries of the wild world, including the daily struggles of life in the wild.

NATIONAL GEOGRAPHIC PHOTO

Mireya Mayor, primatologist, and a juvenile Western Lowland gorilla in the Republic of Congo during a filming for National Geographic's Nat Geo Wild series in the Republic of Congo.

"We're not going to shy away from getting viewers closer to that experience," he said.

Daniels warned viewers that the new network isn't about animals gone wild but animals IN the wild.

"We are not aiming at kids, but night in and night out, there will be a lot of programming that parents and children alike can be really comfortable coming to," he said. "We're not doing this for cheap thrills."

What will people see? Two new series on WILD are Rebel Monkeys and Expedition Wild with Casey Anderson.

Rebel Monkeys looks at a sacred gang of monkeys who live at the Galta Temple in the Indian city of Jaipur. A drought has threatened their food supply and camera crews follow them as they search for food — and often find trouble — on the streets of the city.

Anderson is a naturalist whose best friend and best man at his wedding is a 400-kilogram grizzly bear named Brutus.

THE ASSOCIATED PRESS

Box Office

1. **How to Train Your Dragon:** $43.3 million
2. **Alice in Wonderland:** $17.3 million US
3. **Hot Tub Time Machine:** $13.7 million
4. **The Bounty Hunter:** $12.4 million
5. **Diary of a Wimpy Kid:** $10 million
6. **She's Out of My League:** $3.5 million
7. **Green Zone:** $3.3 million
8. **Shutter Island:** $3.2 million
9. **Repo Men:** $3 million
10. **Our Family Wedding:** $2.2 million

THE ASSOCIATED PRESS

CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/29/10 primetime	267	351	- ACCESS	Alberta Primetime (Live)		(8:02) Castle "Boom!"		Dancing With the Stars (HDTV)				Primetime
	243	317	3 CFCN	etalk	Access H.	CSI: Miami (HDTV)		Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang Th	CTV News
	-	-	4 OMNI	King/Queens	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Metropia
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Dancing With the Stars (HDTV)				Castle
	245	306	6 CBRT	Wheel Fortune	Jeopardy! (N)	*Keep Your Head Up Kid: The Don Cherry Story* (DVS)				CBC News: The National		The Hour
	244	338	7 CICT	ET Canada	Entertainment	Cold Blood		House "Brave Heart"		24 (HDTV PA) (N)		News Hour
	246	-	8 CKAL	Law & Order: Special Victims		Chuck (HDTV) (N)		How I Met	How I Met	Trauma "Targets" (N)		EP Daily
	119	705	9 CBXFT	Virginie (SC)	Belle-Baie (N)	L'Auberge du chien noir (SC)		Les Boys (SC)	C.A. (N) (SC)	Le Téléjournal Nouvelles. (SC)		TJ Alberta
	-	-	10 SHAW	(6) Local Programming						Local Programming		
	-	372	12 KREM	News	Access H.	The Doctors		How I Met	Engagement	Two/Half Men	Big Bang Th	CSI: Miami
	-	374	14 KSPS	PBS NewsHour (N)		'Allo, 'Allo!	Steves Europe	Antiques Roadshow (N)		American Experience (DVS)		
	502	390	15 CBC	CBC News: The National		Addicted to Power		CBC News: The National		CBC News: The National		Future Earth
	-	370	16 KHQ	News (N)	Millionaire	Jeopardy! (N)	Wheel Fortune	Chuck (HDTV) (N)		Trauma "Targets" (N)		Law & Order
	-	373	22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	House "Brave Heart"		24 (HDTV PA) (N)		News
	297	652	37 WPIX	Gossip Girl (HDTV) (N)		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According-Jim	Family Guy
news	500	500	29 CNN	Larry King Live (N)		Anderson Cooper 360 (Part 1 of 5) (N)				Larry King Live		Cooper 360
	508	502	31 CNN2	The Joy Behar Show		Nancy Grace		Showbiz Tonight		The Joy Behar Show		Nancy Grace
sports	400	400	21 TSN	Basketball	SportsCentre		That's Hockey!	SportsCentre	Off the Record	Darts 2009 Grand Slam.		
	408	418	27 net	Skiing FIS Ski Cross.		Sportsnet Connected (N)		Hockey Central	MMA Conn	Sportsnet Connected (N)		MMA Conn
	410	403	30 SCORE	(7:15) WWE Monday Night RAW With Michael Cole and Jerry Lawler.					Score Now	WWE Monday Night RAW		
	411	457	44 OLN	Oper. Repo	Oper. Repo	Ghost Hunters		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters
	417	406	48 SPEED	Racing Chef	NASCAR	NASCAR	What's Deal?	Car Crazy	NASCAR Hub	Fast Track to Fame (HDTV)		Racing Chef
family	552	543	20 YTV	iCarly	To Be Indie	iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	Things I Hate	Family Biz
	557	541	39 FAM	Han. Montana	Han. Montana	Suite/Deck	Suite Life	Sonny Chance	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
	555	545	67 TOON	Jimmy Two	Johnny Test	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
cable variety	575	583	11 CMT	According-Jim	According-Jim	*Bull Durham* ★★★ (1988, Romance-Comedy) Kevin Costner, Susan Sarandon, Tim Robbins.						*Bull Durham*
	553	546	17 TREE	Franklin	Bucket-Dinos	Little Bear	Toopy & Binoo	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505	398	19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23 W	House-Sell	House-Sell	Supernanny		How Clean Is	How Clean	Love It or List It		Love it-List It
	521	560	24 TLC	Ultimate Cake Off		Cake Boss	Cake Boss	Say Yes, Dress	Say Yes, Dress	Ultimate Cake Off		Cake Boss
	603	561	25 FOOD	Kitchen Nightmares		Pitchin' In	Glutton	Best Thing	At the Table	Diner, Drive-In	Unwrapped	Nightmares
	615	520	26 A&E	Intervention "Chris"		Hoarders "Tra; Jill"		Mrs. Menendez (N)		(10:01) Intervention		Intervention
	617	522	32 SHOW	Trailer Park	Trailer Park	Relic Hunter		*The Bad Son* (2007, Suspense) (HDTV) Catherine Dent.				Misfits
	601	562	33 SLICE	Trading Spouses		Love Inc.	Love Inc.	ET Canada	Whatever	Real Housewives of New York		Housewives
	-	633	34 ENC2	Miss Spider	(7:25) *Black Swan* (2002, Comedy-Drama)			*The Beguiled* ★★★ (1971, Drama)			(10:45) *The Last Detail*	
	520	505	35 DISC	Dirty Jobs (N)		Motor City Motors (N)		Daily Planet		MythBusters		Motor City
	620	523	36 BRAVO	*Genius Within: The Inner Life of Glenn Gould* (2009)				Law & Order "Showtime"		Without a Trace		*Mi Vida Loca*
	294	650	40 WPCH	Monica: Still	Monica: Still	Seinfeld	Name Is Earl	Law & Order: Special Victims		*Stomp the Yard* ★★ (2007, Drama)		
	626	547	41 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Mike Birbiglia
	-	539	42 TCM	(6) *Monkey Business* (1931, Comedy)			(8:45) *Duck Soup* ★★★★ (1933, Comedy)			*A Night at the Opera* (1935) (DVS)		
	628	584	43 SPIKE	TNA Wrestling (HDTV) (N)				MANswers	MANswers	(10:08) DEA (HDTV)		CSI: Cri. Scene
	522	516	45 HIST	Dogfights "The Greatest Air Battles" Dogfighting.				Aftermath (N)		Ancient Weather (N)		Underworld
	627	528	46 SPACE	*Feast* ★★ (2006, Horror) Navi Rawat, Krista Allen.				Stargate SG-1		Star Trek: Next Gener.		Trek: Voyager
	-	-	47 AMC	(6) *Butch Cassidy and the Sundance Kid*			*Space Cowboys* ★★★ (2000, Adventure) (HDTV) Clint Eastwood, Tommy Lee Jones.					
	619	525	49 TROP	Carlawood	Prod. Parker	Re-Vamped		Wipeout (N)		Wipeout (N)		Parking Wars
	600	564	50 HGTV	Home to Flip	Marriage	House Hunters	House Hunters	Holmes on Homes		Home to Flip	Bang, Buck	For Rent
	501	391	52 CTV	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	504	508	70 BNN	Squeeze Play		Business News	Berman's Call	Market Call Tonight		Headline	MoneyTalk	Squeeze Play
	526	507	92 VIVA	Medium (N)		Cold Case "Sabotage"		Mediums	Ghostly Enc.	Judging Amy		Missing
	269	350	93 APTN	Metcom	La Voix Mechif	New Canoe	Storytellers	Venturing Frth	MYTV	Arbor Live		Rez Rides
	-	-	94 MCP	World News	News	My Queen	Immortal Yi, So	Lying Low		Simply the	Pinoy Buzz	Wish Ko Lang!
	571	581	100 MMM	mmtop10.ca		Behind the Music		G. Simmons	Wild 'n Out	Behind the Music		G. Simmons
	570	580	101 MM	Degrassi: TNG	Degrassi: TNG	Love Court	Love Court	UR11		Secret Life of American Teen		America's Best
	581	566	102 MTV	Taking, Stage	My Life as Liz	My Life as Liz	Super Sweet	MTV Live	Sex, News-Roll	The Real World		My Life as Liz
	-	-	116 TV5	(6:30) La Traque des Nazis		Voyageur	Urbania	TV5 Le Journal	A Table	Rélais	Madagascar, des baleines	

club metro WEEKLY OFFERS

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Jon's ex wants a piece of the action

Hailey Glassman is planning on becoming a star like her ex-boyfriend Jon Gosselin, left, popeater.com reports. "I was offered to do a show called Starting Over, which will be about me leaving New York and all the negative behind me," she told radaronline.com. METRO NEWS SERVICES

Celebrity Buzz

Not so Sunny for Sandra

COULD THIS FAMILY BE MORE COMPLICATED? Sandra Bullock has contacted family lawyers to fight for custody of her stepdaughter, femalefirst.co.uk reports.

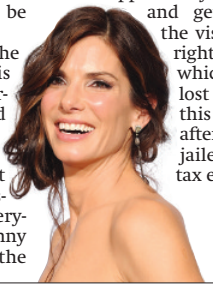
The actress — whose husband Jesse James allegedly cheated on her with tattoo model Michelle "Bombshell" McGee — has reportedly contacted legal representatives and has been devastated to find James' infidelity will not affect her chances of getting custody of stepdaughter Sunny.

A U.S. legal source said: "Infidelity has no bearing on custody. The most she can aim for right now is split custody, and a lot of that would have to be agreed by him."

A source close to the star added: "Sandra is beside herself with worry. She thought she had the perfect marriage. "Now she feels that she's at risk of losing everything. Sunny means the world to her. She loves that girl to death."

The actress has raised Sunny — James' daughter from his former marriage to porn star Janine Lindemulder — as her own, but is now terrified the child's mother will use this opportunity to try and get back the visitation rights which she lost earlier this year after being jailed for tax evasion.

METRO WORLD NEWS



Chastising cheeky Chloë

LEARN YOU LINES BUT DON'T ACTUALLY THINK ABOUT WHAT YOU'RE SAYING Actress Chloë Sevigny has apologized for blasting the latest season of her TV drama Big Love as "awful," insisting her comments were misinterpreted, femalefirst.co.uk reports.

The star, who plays a fundamentalist Mormon wife in the hit U.S. series, risked the wrath of TV bosses when she appeared to take aim at the show's writers.

She was reported as saying, "It was awful this season, as far as I'm concerned. I'm not allowed to say that! ... I feel like it kind of got away from itself ... I mean, I love the show, I love my character, I love the writing, but I felt like they were really pushing it this last season.

"And with nine episodes, I think they were just squishing too much in ... But I hope the fans will stick with us and tune in next year.

"There's a lot of people who really love this season, surprisingly. God, I'm going to get in so much trouble."

But Sevigny has moved quickly to play down her remarks, blaming the media for blowing the situation out of proportion. She tells Entertainment Weekly,

"I feel pretty terrible. I feel like what I said was taken out of context."

METRO NEWS SERVICES

Getting out the big guns but no roses

JUST ORAL AGREEMENTS Guns 'N' Roses front-man Axl Rose is facing a lawsuit from his former manager, Irving Azoff, over nearly $1.9 million US in fees Azoff says Rose failed to pay him, according to the Associated Press.

The lawsuit claims that Azoff's firm, Frontline Management, had an oral agreement with Rose to receive 15 per cent of the singer's earnings.

Frontline claims Rose earned more than $12 million for appearances overseas that he hasn't paid them for.

METRO WORLD NEWS

Wants to grace the silver screen with her presence

THE IDEA OF A 50-FOOT HEIGH HEIDI IS TERRIFYING Her MTV reality series has been canceled and her attempt at being a pop singer fizzled, but Heidi Montag insists she's now found her calling.

"I'm so excited The Hills is finally over and I can now become a full-time motion picture actress," Montag tells People magazine. "I'm now finally free to start my career and my new life as female mogul in Hollywood."

And Montag has aspirations beyond acting, crossing over into screenwriting as well.

"I am making the first 3-D beach comedy about a shark that attacks a small beach town and I save the day with my 3-D boobs," she says. "I've even written a role for Dolly Parton to play the town mayor."

METRO WORLD NEWS

Not doing a song and dance

TOO BUSY MAKING WINNERS LIKE DEAR JOHN Mamma Mia! star Amanda Seyfried has confessed she started rumours movie bosses were planning a sequel to the musical hit — because she's desperate to reprise her role, femalefirst.co.uk reports.

The actress found fame — and love with co-star Dominic Cooper — when she landed a lead role in the Abba-inspired 2008 film.

Director Phyllida Lloyd was last year reported to be working on a follow-up — but Seyfried admits she took the gossip she'd heard and spread it around Hollywood.

She adds, "My boyfriend (Cooper) had talked to Phyllida (Lloyd) and she said that if they do Mamma Mia! they are going to use a whole new cast and do a prequel. And then that's when I said 'No, it's not going to happen.'"

METRO NEWS SERVICES

She wants to castle her King

HE WANTS TO CHECK HER MATE. NOPE, IT DOESN'T MAKES ANY SENSE TO HER EITHER While they may or may not be dating, Jessica Simpson and Billy Corgan have found something they enjoy doing together after Corgan taught Simpson how to play chess, according to the National Enquirer.

"He taught her how to play and was surprised at how quickly she got the hang of it, but she is yet to beat him," a source says.

"Billy likes to share his hobbies with his friends."

The pair reportedly have an intense weekly game going.

METRO WORLD NEWS

Follow these celebrities on Twitter...

CelebTweets

Conan O'Brien gets help posting on Twitter, Ben Stiller has kind words for Justin Bieber, and Lindsay Lohan is surprised to see herself on TV.

@ConanOBrien sklfjslj;v999[aeae0c (my dog's first tweet)

@RedHourBen Met Justin Bieber tonight on Letterman. Told him to hang in there, things will happen for him eventually.

@lindsaylohan okay, this was weird!! i was just watching a recorded 30ROCK & when it finished it went back 2 regular tv & "Georgia Rule" is on! so random! flats

METRO NEWS SERVICES

GETTY IMAGES

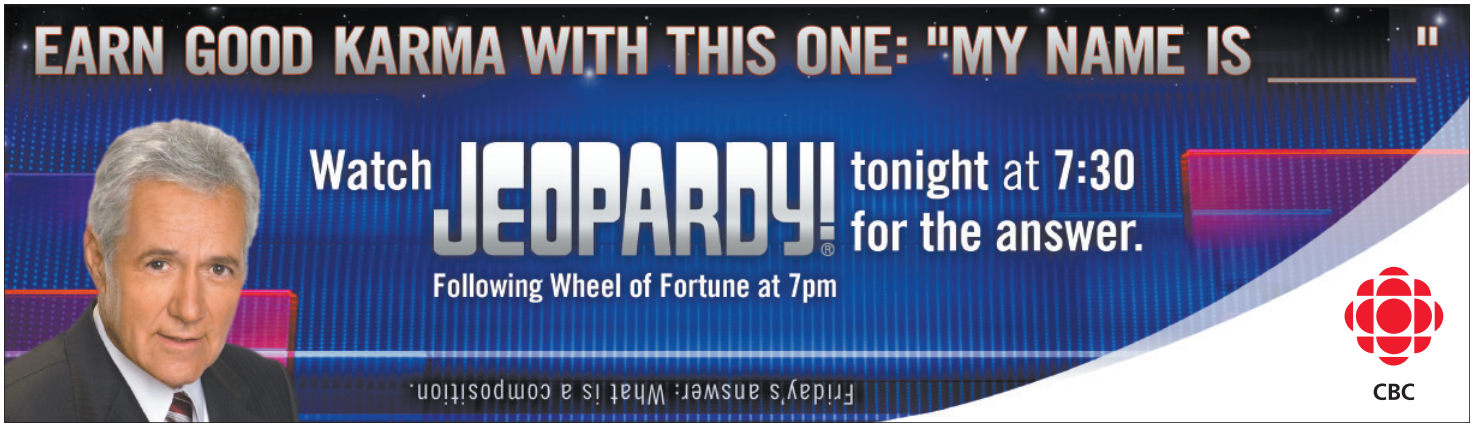
Lilo left out

DEE-NIED! Lindsay Lohan had trouble getting into a Victoria's Secret party recently while Paris Hilton, Nicole Richie and Russell Brand celebrated inside, according to Radar Online.

"As soon as she strolled up to the door, the rope was quickly pulled in front of her," a source says. "She tried to pass the big bodyguard but he blocked her way."

A source associated with the party insists it was just a misunderstanding, and that "Lindsay wasn't banned from the guest list."

METRO WORLD NEWS

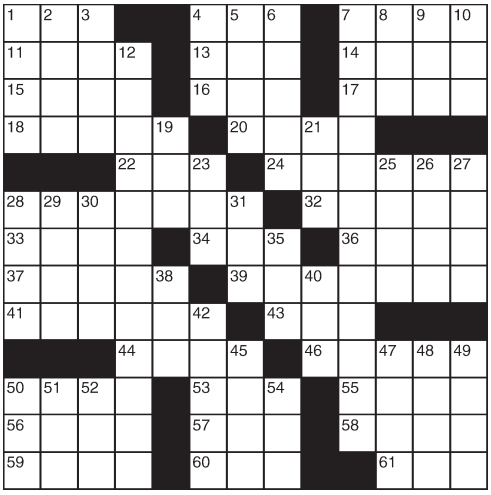

EARN GOOD KARMA WITH THIS ONE: "MY NAME IS ____"
Watch JEOPARDY! tonight at 7:30 for the answer.
Following Wheel of Fortune at 7pm
Friday's answer: What is a composition.
CBC

Today Mostly Sunny 14 C / 1 C
Tuesday Mostly Sunny 10 C / -2 C
Wednesday Mostly Sunny 7 C / -2 C

BT BREAKFAST TELEVISION

Andrew Schultz, Meteorologist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

Take Five



ACROSS

1 Cauldron
4 Surprise cries
7 FDR's dog
11 Essen's river
13 "Phooey!"
14 PC picture
15 First name of 18-Across
16 Anger
17 Lascivious
18 Modernist poet
20 Otherwise
22 Youngster
24 Melted-cheese dish
28 Sleepwear
32 Exceedingly
33 Egg
34 — Kippur
36 London art gallery
37 Gold or silver
39 Yellow-orange
41 Roman magistrate
43 Sticky stuff
44 Black, in poetry
46 Light carriage
50 Options list
53 Female deer
55 — contendere
56 Culture medium
57 Very long time
58 Active one
59 Mutts
60 Single
61 Doctor's due

DOWN

1 Get ready, for short
2 Anise-flavored liqueur
3 From one end to t'other
4 Sapporo sash
5 Tortoise's opponent
6 Ledge
7 "HTTP Error 404" message
8 High card
9 Depressed
10 Plus
12 The unskilled
19 Poorly lit
21 Junior
23 Rotation duration
25 Cherished one
26 "Do — others ..."
27 Paradise
28 "— and Circumstance"
29 State with conviction
30 Twine fiber
31 "Help!"
35 Periodical, briefly
38 High-arc shot
40 Watch chain
42 Wild West show
45 Lunchtime, maybe
47 Blunder
48 Merriment
49 Bygone times
50 Crazed
51 Id counterpart
52 Old horse
54 Compass dir.

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

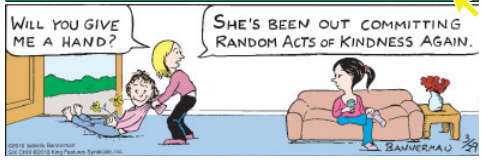
		4						
	9			8		3	2	
	1	6			4	9		8
		2		7				
	6		5	3	8		9	
				4		1		
7		3	8			5	6	
	8	5		2			1	
						7		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

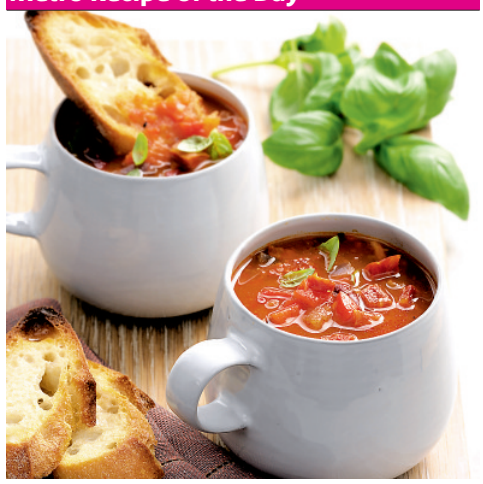
9	7	6	4	3	1	2	8	5
8	5	1	9	2	6	7	4	3
2	4	3	5	7	8	6	9	1
6	9	4	3	1	2	8	5	7
7	2	8	6	5	4	3	1	9
3	1	5	7	8	9	4	6	2
4	3	7	1	6	5	9	2	8
5	6	2	8	9	3	1	7	4
1	8	9	2	4	7	5	3	6

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Roasted Tomato, Pepper and Chorizo Soup

INGREDIENTS:
1 red onion, with skin, quartered
2 red peppers, halved lengthwise
4 plum tomatoes, halved
2 garlic cloves, unpeeled
2 cups chicken stock
540 mL can red kidney beans, drained and rinsed
100 g chorizo, chopped
2 tsp balsamic vinegar
1/3 cup fresh basil, torn

METHOD:
1. Preheat broiler to high. Arrange onion, peppers and tomatoes on baking sheet, cut sides down, with garlic cloves.

2. Cook vegetables 6-8 minutes or until skins begin to blacken. Remove skins from onion, pepper and tomatoes, and squeeze garlic flesh from skins.

3. Chop half of vegetables into small chunks and put remainder into blender with garlic flesh and stock. Process until smooth, then add to pot with chopped vegetables. Season soup with salt and ground black pepper.

4. Bring soup to boil, stirring occasionally. Add beans, chorizo and balsamic vinegar, cover and simmer gently 2-3 minutes. Toss basil into soup and serve.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You may be right to get angry with someone who has let you down but keep your feelings to yourself, at least for now. Don't star a war you can't win.

TAURUS ♉
APRIL 21-MAY 21
Don't be so hard on yourself. You make mistakes like everyone else and there is no reason why you should feel bad about it.

GEMINI ♊
MAY 22-JUNE 21
Set yourself towering targets, but don't forget that to reach them you will have to take it a step at a time. What do you want most out of life?

CANCER ♋
JUNE 22-JULY 22
Someone has been giving you a hard time and now you must stand up for yourself and tell them a few home truths.

LEO ♌
JULY 23-AUG 23
The reason why some people are acting in a negative way towards you is because you are projecting negative signals.

VIRGO ♍
AUG 24-SEPT 22
There is no point worrying about your financial situation and making yourself depressed. Chances are you are not seeing things too clearly.

LIBRA ♎
SEPT 23-OCT 23
A second opinion is a must today, especially if you are the kind of Libra who is prone to negative thinking. You don't have to suffer alone.

SCORPIO ♏
OCT 24-NOV 22
Others are so used to you acting in a predictable fashion that if you do something out of the ordinary you'll take them by surprise.

SAGITTARIUS ♐
NOV 23-DEC 21
Friends and relatives will appreciate it if you don't make a song and dance over minor irritations today. Make the best of what you've got.

CAPRICORN ♑
DEC 22-JAN 20
A setback of some kind is likely over the next two or three days but it's not the end of the world so there is no need to despair.

AQUARIUS ♒
JAN 21-FEB 18
You may have to turn down a social or travel invitation either today or tomorrow and you won't be too happy about it. Stay close to home.

PISCES ♓
FEB 19-MARCH 20
Nothing is ever as bad as it seems and you need to keep that point in mind over the next 48 hours. Find ways to cheer yourself up.

This day in history

1867: Queen Victoria gives Royal Assent to the British North America Act which establishes the Dominion of Canada on July 1.
1886: Dr. John Pemberton brews the first batch of Coca-Cola in a backyard in Atlanta, Ga.
1951: Ethel and Julius Rosenberg are convicted of conspiracy to commit espionage.
1973: Vietnam War: The last United States combat soldiers leave South Vietnam.
1993: Catherine Callbeck becomes premier of Prince Edward Island and Canada's first female to be elected in a general election as a premier. METRO NEWS SERVICES

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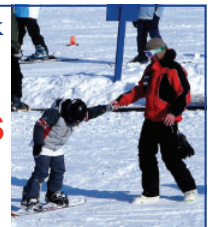

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